

## *From Fire to Light*

### **The Seven Ideas We Must Embrace to Have an Elegant Life**

*“I am aware that I am Aware”*

*“Everything is True”*

*“I am worthy beyond my  
ability to believe”*

*“I nurture all relationships today”*

*“I actively lead everywhere  
with Responsiveness”*

*“I see and live in many worlds  
with joy”*

*“I serve humanity humbly  
at the feet of myself”*